

Simply Going Green will give you practical advice to make your home and office more sustainable and eco-friendly at the same time. Everything from simple things like changing light bulbs and using cloth bags, to the more complex things like renovating or building a new home are included.

Simply Going Green has a revolutionary way of pulling a 3-year plan together, and putting it into action. As a reference book, it is full of great ideas and businesses that will help you reach your 3-year goal. Use it as your personal handbook to become eco-friendly savvy.

I wish that I had had "Simply Going Green" available to recommend to my patients during my many years of Preventive Medical Practice. Going Green is non-toxic. It prevents illness. That is true Preventive Medicine. The detailed specific source references are most appreciated.

Quentin G R Schwenke, MD

"Simply Going Green" is THE book this common, everyday, average class citizen has been waiting for! Actually, it should be entitled "Going Green For Dummies" and this Dummy loved it, because, as usual, if possible, I would complicate boiling water. I no longer feel that I have to build an enviro-friendly, solar powered, home in the next six months on my meager salary. I no longer am threatening to throw myself prostrate in front of my 'going green' peers and beg for mercy because I want to continue to color my hair! I think I can actually do something to make a difference AND, I think I am honestly feeling a little excited to get started.

Linda Wolfe



Kaayla Canfield
Publishing **\$29.95**

Simply Going GREEN In 3 Years or Less



KAAYLA CANFIELD

www.chartreusedesigns.ca which is owned and run by Tracy Slobodian, where she creates beautiful glass beads in a process called lampworking. The glass starts as a long stick which is heated using a torch and as the glass melts it's wrapped around a mandrel to create a bead. During the firing stage if there is any kind of stress on the glass it can break and obviously cannot be used in any of the jewelry designs. Any bead that breaks in half is reused in concrete stepping stones or hotplate designs.

Other beads that do not turn out as expected are sent to www.canadianhumanitarian.com where they are handed out to children in AHOPE Orphanages to create their own jewelry. A smile for a child half way around the world is all the incentive that Tracy needs for recycling her glass beads.

Which each glass bracelet that Tracy creates, she uses a small charm on the clasp. The sound of it clinking on the glass is music to the ear. For truly original designs she can take a charm from a client's old charm bracelet and create a new use for their little treasure. She also accepts donations of old charms for the purpose of recycling into new designs.